

Online Therapy Top Tips

Check your mobile phone:

You will receive an SMS to confirm your telepractice (online therapy) appointment.



Check your email:

You will receive an email inviting you to the Zoom meeting. Join the Zoom meeting by clicking on the link.



Use a space that has:

A strong internet signal.



Good lighting.



A quiet space.



Set up your device:

Get ready 15 minutes before your appointment.



Use a device that has a fully charged battery.



A working built in camera and microphone.



Use Chrome for Zoom Meetings.



Need help? Call on 8065 1197.
www.speechinfocus.com.au